

CASTLEBRAE FAMILY LEARNING PROGRAMME

2021 2022



PLEASE COMPLETE THE FORM: Fill out the information about yourself and put anything you might be interested in.

You can either scan the QR code OR use the link – Please complete by **FRIDAY 8th OCTOBER 2021**

<https://forms.office.com/Pages/ResponsePage.aspx?id=af6sSGo3tUKfacnke7-5xEZ89KtMAfRErOUM7HV5eq9UNINGTDNOQjBEMzlyUEpMRkg0ODNJREg0Vi4u>



EVENT	WHERE & WHEN	DESCRIPTION
<p>HAIRDRESSING</p> <p>By appointment only</p>	<p>When: TBC</p> <p>Where: In School</p> <p>Who: Jackie Lamont</p>	<p>Parents are welcome to come in and model for the Hairdressing pupils</p> <p>Parents are also welcome to make an appointment to get their hair done</p>
<p>BASKETBALL TASTER</p> <p>One session</p>	<p>When: Wednesday 27/10/21 15:40 – 16:40</p> <p>Where: PE Hall</p> <p>Who: Miss Grant</p>	<p>After school basketball taster session. All parents and carers welcome, no experience needed. Come along and learn how to pass, shoot and dribble. We will focus on the rules, tactics, and teamwork needed in basketball.</p> <p>If this is a success there is the potential to have a 6 week block of Basketball for parents and carers.</p>
<p>DOORS OPEN DAY</p> <p>One Day</p>	<p>When: 14/10/21</p> <p>Where: In School</p> <p>Who: Friends of Castlebrae</p>	<p>An opportunity for all parents/carers to come up to the school for a cup of tea / roll / cake / chat with members of our parent council</p> <p>Bacon Roll: 8:30 – 10:00 Tea & Cake: 13:00 – 15:00 Afternoon Tea: 16:00 – 18:00</p>
<p>CDT SKILLS</p> <p>3 week sessions</p>	<p>When: October – December 2021</p> <p>Where: In School</p> <p>Who: Mr Slater</p>	<p>Adult workshop for CDT.</p> <p>You will get a taste of what happens in a CDT classroom.</p> <p>You will get to complete a project and have something great to take away with you</p>
<p>RAISING TEENS WITH CONFIDENCE (RTWC)</p> <p>Must attend all 6 sessions.</p>	<p>When: Thursday evening (October – December)</p> <p>Where: In School</p> <p>Who: Mrs Corsar & Mrs Prior</p>	<p>The course gives parents a chance to explore how they can support their teenager through this stage of development and look after their own wellbeing.</p> <ol style="list-style-type: none"> 1. Introductory Session : Why What You Do Matters! 2. The Amazing Teenage Brain: What's Going on in There? 3. Risky Business: Managing Adventure, Risk and Resilience. 4. It's Good to Talk: The Importance of Staying Connected. 5. The Brain Under Stress: Overcoming Setbacks and Promoting Resilience 6. Looking After Your Own Wellbeing: Coping with the Changes. <p><u>If you would like more information:</u> naivasha.corsar@castlebrae.edin.sch.uk or call 0131 661 1282</p>

<p><u>HEALTH & WELLBEING TASTERS</u></p> <p>Number of session</p>	<p>When: 1st October Every 2nd Friday 10.30am - 11.15am</p> <p>Where: In School</p> <p>Who: Shona McNally</p>	<p>A number of sessions for improving Parents/Carers Health and Wellbeing</p> <p>These will include:</p> <ul style="list-style-type: none"> • Tea & Cake get togethers • Making Oils • Massage Techniques
<p><u>TRACKING REPORTS & MICROSOFT TEAMS EXPLAINED</u></p> <p>One session</p>	<p>When: 30th November 2021 (4-5pm)</p> <p>Where: In School</p> <p>Who: Mr McPartlin</p>	<p>Engage in your child's learning further by understanding the monthly tracking reports. Also a lesson in how to access and engage with your child's work using Microsoft teams.</p>
<p><u>NATIONAL ARABIC LANGUAGES DAY</u></p>	<p>When: 18 December 2021</p> <p>Where: In School / Online</p> <p>Who: Ms Walker</p>	<p>A day celebrating languages</p>
<p><u>LANGUAGE WEEK SCOTLAND</u></p>	<p>When: February 2022</p> <p>Where: In School / Online</p> <p>Who: Modern Languages</p>	<p>A number of different events to celebrate Language's Week.</p> <p>This will be a combination of events for pupils and parents/carers</p>
<p><u>OPEN EVENING FOR POTENTIAL S1 PARENTS</u></p>	<p>When: TBC</p> <p>Where: In School / Online</p> <p>Who: DHT / PSL</p>	<p>Come and find out more information about Castlebrae High School.</p>
<p><u>FRIENDS OF CASTLEBRAE (PARENT COUNCIL)</u></p>	<p>When: 2021 - 22</p> <p>Where: In School / Online</p> <p>Who: Members of Friends of Castlebrae</p>	<p>Friends of Castlebrae (the Parent Council) meet at least 6 times throughout the year.</p> <p>All parents/carers are welcome.</p> <p>The dates are: 28/10, 9/12, 27/01, 17/3 5/5 16/6 - @4:15</p>
<p><u>BRITISH SCIENCE WEEK</u></p>	<p>When: 14-18th March 2022</p> <p>Where: In School / New Science Learning plaza</p> <p>Who: STEM faculty</p>	<p>Open Science session with demos and hands on science to celebrate British Science week.</p>
<p><u>EXAMS COMING UP? HOW TO HELP WITH REVISION AND STUDYING AT HOME</u></p>	<p>When: March 2022 (Date TBC, 4-5pm)</p> <p>Where: In School</p> <p>Who: Mr Mackenzie</p>	<p>If you're not sure how to support your young person at home with their studying and revision, come along for some practical hints and tips.</p>

If you wish any further details on the activities detailed above, please do not hesitate to contact the school and the relevant member of staff.

Telephone: 0131 661 1282 Email: admin@castlebrae.edin.sch.uk

To find out more information about the life of the school and the opportunities available, please visit our website and/or our twitter feed.

Web: www.castlebrae.org.uk Twitter @Castlebrae_CHS